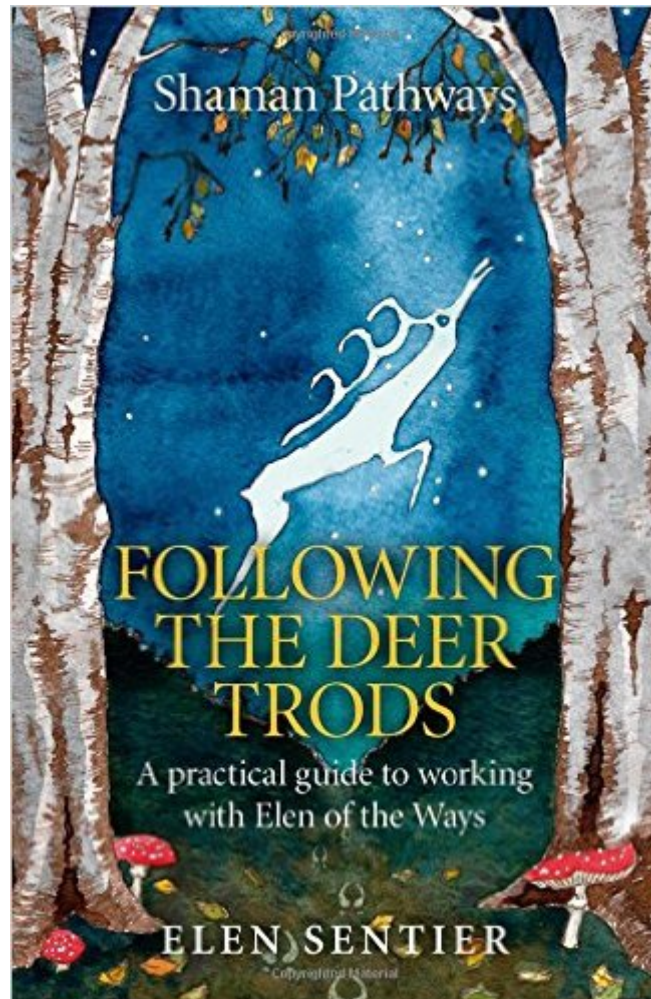


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# Shaman Pathways - Following The Deer Trods: A Practical Guide To Working With Elen Of The Ways



## Synopsis

Following on from the author's successful book Shaman Pathways - Elen of the Ways, this is a practical handbook filled with tried-and-tested exercises, journeys and experiential work for the reader to engage in. Essential reading for anyone wanting to begin the old British paths.

## Book Information

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## Customer Reviews

Elen Sentier is a spirit keeper and taleweaver from a long family lineage. She was born on Dartmoor, grew up on the edge of Exmoor and now lives with her husband, cats and a host of wildlife in the Welsh Marches where she writes and teaches British native shamanism.

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